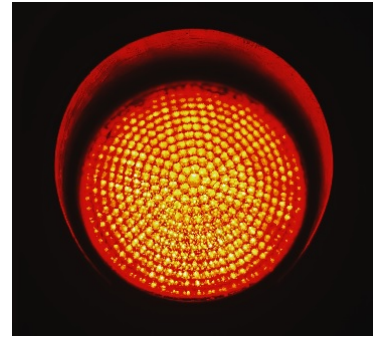


FIRST STEPS

O N L I N E



Whoa, hang on! Let's take a breather!

Grab a cup of coffee, or your favorite beverage and let's do a little review and evaluation!

The old Virginia Slims cigarette commercial stated, "You've come a long way, baby!" Likewise, Fat Boy Slim, an alternative singer had a Grammy nominated album in 1998 called by the same phrase.

Now I'm saying it here in the middle of your First Steps Online training!

At this point in your **First Steps** training, I want to pause and make sure I'm not leaving you behind or progressing too fast.

If you feel a little lost and confused, please don't proceed any further. Take a little time, go back, review the modules you've struggled with, reread, revisit the concepts and then proceed.

In First Thoughts I told you this is not a race! You won't win a lollipop for being the first to complete this training.

In subsequent modules, I'm building upon the foundations established in the first 6 modules. The concepts and methods are more involved and complicated. Lagging behind isn't going to help you take the next step.

As a "**First Stepper**," don't walk until you can stand. If a newborn tried this, possible leg or muscle deformity could occur having severe effects later on. It's important you educate yourself and then engage with it before expanding your abilities. This is a process – you're on a journey and not yet at a destination.

Dr. Martin Luther King said this, "If you can't fly, then run, if you can't run, then walk, if you can't walk, then crawl, but whatever you do, you have to keep moving forward."

My advice: "Keep moving forward, even if your forward movement is measured in millimeters!"

At this point in your training, you should:

1. Understand where and how we got the internet.
2. Understand the different protocols used on the internet and how knowing these protocols aid and help you navigating around the internet.
3. Know the language and lingo of the internet and be able to communicate with other online marketers using these words.
4. Have a basic understanding about navigating (using) your computer. While I didn't specifically discuss these subjects, successfully downloading the resources and pdf provided in this training, and doing the "3 E's To Succeed" indicates your skill in these areas:
 - How to create a folder, move and copy this folder to another location on your computer.
 - How to access different files, folders, and drives located on your computer.
 - How to download and save a file, photo or document to a folder on your computer or device.
5. Have a basic understanding about connecting to the internet;
 - Using a browser (Chrome, Internet Explorer, or Firefox, etc.) and connecting to the internet to access a website on the World-wide Web.
 - How to open and send email. How to use Google or another search engine to locate information on the internet
 - Know what a URL (link) is and how links work - how to click on a URL link, copy and paste a URL link and save that link in a Word or Excel File.
 - Have a good understanding about web security and protecting your online identity.
6. Awareness of scams, bots, spiders, malware, viruses and Trojans in the online space and aware of how to avoid these when working online.
7. Have installed a good Internet Protection and Firewall program.
8. Have already created a good secure password to protect access to your personal details and private information.

9. Finally, you should have an understanding about the vastness of the internet, the good, bad, and the ugly, and know the Internet is a **HUGE OPPORTUNITY to MAKE A LOT OF MONEY!!!**

To progress from this point, please first view a video I made called, "How to Eat a Loaf of (German) Bread." It's instructional for the successful completion of **First Steps Online** training and it also includes a special message about working online.

[Click HERE to view!](#)

Grab a great brew HERE! (Mentioned in the video)

Finally, I want to offer you a special gift for your onward journey.

You'll have a hard time making prolonged progress unless you take time to work on yourself!

My book, "**How to get everything you want in life**" will help you on your journey. It's free and it will start you on a road to self-improvement and ultimately to the success you desire. Also includes video training!

[Just click here](#), enter your details and you'll have instant access to this great training.

Are you ready to keep moving forward?

Yes? Ok, Module 7, straight ahead!

To view and read this module online, go to www.work-with-walt.com

Your purchase of this training tutorial includes free membership to the online version of **First Steps Online** which has more than 20 FREE downloadable resources.

If you have problems with login, please contact walter@firststeps.online

